

# NOT MY LIFE SCREENING GUIDE

## PRE-SCREENING DISCUSSION

### Suggested Questions for Pre-Screening Discussion

- What is “human trafficking?” Can you give an example?
- Where does human trafficking take place?
- What kinds of people are vulnerable to trafficking? What are some factors that make them vulnerable?
- Who are the traffickers?
- How do you think trafficking is being combated?

### Suggested Talking Point to Introduce the Film:

- Every year, as many as 800,000 women, men, and children are trafficked across international borders (U.S. State Department).
- There have been cases of human trafficking reported in all 50 U.S. states.
- Trafficking victims suffer from both physical and psychological abuse, both which often have long-term effects on their lives.
- Today, both children and adults in the U.S. are being exploited and sometimes enslaved.
- According to a report by the United Nations Office on Drugs and Crime, the most common form of human trafficking (79%) is sexual exploitation.

## SENSITIVE ISSUES

- Some of the people in the film have survived horrific, unspeakable experiences. Because of that, some of the content you’re about to see may be triggering and/or difficult to watch.
- We want you to know that sensitive issues will be raised; the film requires maturity from its viewers.
- As challenging as some parts of the film will be, we believe you will ultimately find it inspiring.

## POST-SCREENING DISCUSSION

To help participants process what they’ve just seen, allow adequate time for reflection after viewing the film. Feel free to use some of the other questions, as appropriate, and be prepared to talk about what is being done to protect children from trafficking before leading the group in a discussion of ways to take action.

### Reflection and Recap – Suggested Questions

- In what ways did the film challenge your assumptions about human trafficking?
- Who are the traffickers?

- Who are the victims?
- What are some reasons victims might be reluctant to escape or report the crime?
- What are some of the indications of human trafficking in your community? Where might it be happening?
- How do factors like immigration, job status, gender and age play into the vulnerability of trafficking victims?
- In what businesses or industries in your community might trafficking be occurring?
- How is trafficking being addressed? Who is involved in the fight? What are they doing?
- Do you think this issue has gotten better or worse since the release of the film?
- How has the coronavirus pandemic affected the progress made towards an end to human trafficking?

## POST-SCREENING DISCUSSION

### What can we do?

- Post flyers with the Human Trafficking Hotline number and information, as provided in the *Not My Life* Toolkit.
- Know what to look for/how to spot a victim (refer to the film and the *Not My Life* Discussion Guide for indicators).
- If you suspect a human trafficking situation where there appears to be imminent or immediate danger, call 911. If it is not an emergency situation, call the National Human Trafficking Resource Center hotline at **1-888-373-7888**; or text HELP to 233733.
- Ask your school library or public library to purchase *Not My Life* for their collections so that others may have the opportunity to educate themselves.
- Look at your slavery footprint ([slaveryfootprint.org](http://slaveryfootprint.org)). Be aware of the food you eat, the clothes you buy, the rugs you walk on. Buy fair trade.
- Hold a fundraising event for one of the active anti-trafficking organizations (Polaris Project, *Not My Life* Awareness Campaign, GEMS, IJM, Free the Slaves, etc.), or your local anti-trafficking coalition/shelter.
- Write to or call your local law enforcement agency – find out if their officers are trained to recognize and enforce human trafficking situations.
- Stay educated and up-to-date. The culture around human trafficking is constantly changing and there is always new information to learn.

### Suggested Talking Points

- At the end of *Not My Life*, a challenge is presented Now you know. What will you do?
- Ask audience members for suggestions.
- Review and discuss Take Action items.
- You can also visit [unicefuse.org/endtrafficking](http://unicefuse.org/endtrafficking) for more ideas on ways to take action.

**Event Closing – Suggested Talking Points**

- Leave some time for questions and comments.
- Thank you for attending our screening (whether in-person or virtual). We hope you continue to learn and take action to help irradiate human trafficking.